

Newbury Park Martial Arts Center Class Schedule

| LEVEL 1 Foundations of Self Protection | | |
|---|--|--|
| | | |

| Level 2 Advanced Self Protection | | | | |
|-------------------------------------|--|--|--|--|
| | | | | |

| Level 3 Pathway of the Protector | | | | |
|-------------------------------------|--|--|--|--|
| | | | | |

| Level 4 Black Belt Mastery | |
|-------------------------------|--|
| | |

Adult Classes

| Time | Mon | Tues | Weds | Thurs | | Time | Sat |
|-------------|----------------------------|-------------------------------|---------------------------|--|--|--------------|---------------|
| 5:00-5:45pm | | Open MAT | | | | | |
| 5:45-6:30pm | Earth Level 1 | Water Level 2 Fire Level 2 | | Wind Level 3 Void Level 3 Black Belt | | 8:30-9:15am | Earth Level 1 |
| 6:30-7:15pm | Water Fire | Earth Level 1 | Ninja Skills All Ranks | Water Level 2 Fire Level 2 | | 9:15-10:00am | |
| 7:15-8:00pm | Wind Void Black Belt | Wind Void Black Belt | | Earth Level 1 | | | |

Junior Classes

| Time | Mon | Tues | Weds | Thurs | | Time | Sat |
|-------------|-----------|-----------|------|-----------|--|-------------|--|
| 5:00-5:45pm | | Level 1 | | Level 2-3 | | | |
| 5:45-6:30pm | Level 1 | Level 2-3 | | Level 1 | | 8:30-9:15am | Earth Level 1 Water Level 2 Fire Level 2 Wind Level 3 Void Level 2 |
| 6:30-7:15pm | Level 2-3 | | | | | | |

BELT TESTING- LAST FRIDAY OF THE MONTH 6:30-7:30pm**

Special Classes

Kihon *
Black Belt Club*
Ninja Taijutsu Class*

3rd Tuesday
4 or 5th Tuesday
1st Thursday

7:15-8:00pm
Junior 5:45-6:15pm - Adult 7:15-8:00pm
6:30-7:15pm

Check monthly schedule for day/time verification

805•499•9033 www.npmac.com

*Subscription Class-Included in some Membership Packages

**Subject to change due to Holiday and Special Events

© 2011 NPMAC